

SEPTEMBER 2025

the EPISTLE



SUNDAY SCHEDULE

8:30AM -WORSHIP- SANCTUARY

9:45AM-10:45AM- SUNDAY SCHOOL FOR ALL AGES

11:00AM-WORSHIP- SANCTUARY

6:00PM-CONTEMPORARY WORSHIP-SANDERS HALL

Wednesday Night Classes

Fall session 1:
Sept 3-Oct 8

Happy 101st Birthday
to John Stiles!!



SEPTEMBER CALENDAR

- | | |
|---------|--|
| Sept 2 | Alzheimer's lunch, 11:30, Parlor |
| Sept. 3 | Fall Wednesday Classes begin |
| Sept 4 | Circle of Support, 10:00, Parlor |
| Sept 5 | Creation Care meeting, 10:00, Ground Ops |
| Sept 7 | Sunday Night Youth, 5:00, Parlor |
| Sept 8 | Congregational Care mt, 10:30, Room 326 |
| Sept 9 | United Women in Faith, 10:00, Sanders Hall |
| Sept 16 | Ed Wynn lunch, 10:30, Sanders Hall |
| Sept 18 | Circle of Support, 10:00, Parlor |
| Sept 20 | Manna on Meridian, 8:00, Faith Presbyterian |
| Sept 21 | Sunday Night Youth, 5:00, Parlor |
| Sept 22 | Governing Board mt, 6:30 Parlor |
| Sept 26 | Crafty Crop, 3:00, Sanders Hall |
| Sept 27 | Soul Food, 9:30, Lake Ella Crafty Crop, 10:00, Sanders Hall |
| Sept 28 | Children's Sunday |

CREATION *care*

ROOTED IN RESPONSIBILITY- CREATION CARE AS SPIRITUAL PRACTICE

As we enter the season of transition, we're reminded that caring for God's creation isn't just an environmental concern—it's a spiritual one. Scripture invites us to be stewards of the earth (Genesis 2:15), recognizing that "The earth is the Lord's, and everything in it" (Psalm 24:1).

This month, let's reflect on how our everyday actions—like reducing waste, composting, or choosing reusable goods—can become acts of devotion.

Prayer: Creator God, awaken our hearts to your handiwork all around us. May our stewardship mirror your love and wisdom. Amen.

Call to Action: Choose one Creation Care practice this month—such as switching to reusable bags or starting a compost bin—and share your journey in your small group or church forum.



Creation Care

Saint Paul's UMC

*The Earth belongs to God! Everything in
all the world is His!*

-Psalms 24:1

Creation Care kick off meeting

Join the Creation Care team on Friday, September 5th at 10:00am at Ground Ops for a kick off meeting. They will continue to meet at Ground Ops on the first Friday of each month. Hope to see you there!

SEPTEMBER *events*

SUNDAY NIGHT WORSHIP EXPERIENCE

Join us every Sunday evening for our shared Contemporary Worship Service with Good Samaritan UMC in Sanders Hall. This service begins at **6:00pm**. All are welcome to come.

MEN'S READING COMMUNITY

The Men's Reading Group meets on Tuesday mornings at Ology Northside. They gather each **Tuesday at 8:00 am**.

If you are interested in learning more about this group contact David Gill or Nic Fugate-
davidmurrahgill@gmail.com ndfugate@gmail.com

UNITED WOMEN IN FAITH

The members of United Women in Faith are excited about a new year as we reconnect with long-time friends, while making new ones. With a "getting to know you" theme in mind, we are very excited that our special guest for our September meeting will be Pastor Carolyn Williamson! We look forward to meeting her and extending a warm welcome from our UWF. The meeting will take place on **September 9 at 10:00** in Sanders Hall.

If you are curious about this group of women who are united in faith (along with fellowship, food, and fun!), we invite and encourage you to join us. Questions? Please contact Erma Sever at ermasever@comcast.net or 850-510-5807.

HAPPY BIRTHDAY!!

- 1 Doug Garthwait
- 2 Deborah Criswell, Thelma Muire, Laura Pace-Alexander
- 3 Faye Miller
- 5 Ralph Jaeger, John Stiles
- 6 Nina Alexander, Russell Almond, Buddy Powell
- 10 Bette Beverly, Ann Broadway
- 11 Margot Almond, Zadi Almond, Allan Brown, Helen Ervin
- 13 Robin Eychaner, Robert Pennock, Jim Rolfe, David Swanson
- 14 Ruby Griesheimer
- 16 Catie McRae, Laura Tully, Juanita Whiddon
- 17 Janet Clark, Pleas Strickland
- 18 Janel Caine, BJ Ross
- 19 Judy Gornicki, Rick Herndon, Lindsey Pupo
- 20 Melanie Caparello, Michelle Clark
- 21 ChiChi Okoli
- 22 Tamara Verheyen
- 24 Annabelle Chaney
- 25 Michael Allison, Ed Holmes
- 26 Cat Keen
- 27 Cora Fernandes
- 29 Gwendolyn Allison, Ellen Baxter, Loui Tope

MISSION ministries

SLEEP IN HEAVENLY PEACE

Save the Date October 18th

We will be hosting our 8th Annual Bed Build with the local chapter of Sleep In Heavenly Peace at Saint Paul's United Methodist Church. We will start building at 9:00 am. We will be building 15 Bunk Beds which will provide 30 beds to children in the Big Bend area that currently do not have a bed to call their own. Several of the bunk beds that we will be building for these children will be delivered and set up the same day. The need for these beds is still great as the Big Bend area currently has a need for more than 500 beds!

Ways To Help

1. Volunteer to build beds on October 18th
2. Donate blankets, sheets, pillows and mattress pads for the beds. (Twin Size)
3. Contribute financially to support the cost of the Bed Build

Volunteer Sign-Up Information will be forthcoming in the Weekly Notes.

Any questions, contact Jerry Roney - 708-363-3948 or Roney.jm@comcast.net

CAPITAL AREA JUSTICE MINISTRY

Our house meeting season is about to begin here at Saint Paul's! If you are interested in hosting a meeting this year, or just want to learn more about what is involved, please contact Ryan Kline- (ryanpkline@gmail.com or 850-345-9839).

House meetings are a wonderful way to be involved with our Capital Area Justice Ministry and are a great way to truly make your voice heard.

TRIP TO SISTER CHURCH IN CUBA

If you are interested in visiting our "sister" church in Cuba, here is a great opportunity: Terry Denham is leading a group of folks from the Florida Conference and the Dates are Feb 26 to March 3, 2026. Cost approximately \$1400. If you are interested, please contact Rev. David Gill, davidmurraygill@gmail.com.

CARE PORTAL

Saint Paul's is joining up with the local chapter of Care Portal. Care Portal is a nationwide organization that focuses on meeting the needs of children and families. By teaming up with this organization, we will be able to learn about immediate needs in our community and reach out to help if we are able.

We are currently forming a small response team that would be responsible for delivering items to families in need in our community. If you are interested in being a part of this team, please contact Amy Leach- amy@saintpaulsumc.org

MUSIC at Saint Paul's

MUSIC MINISTRY AT SAINT PAUL'S

Music Ministry is a vital part of the worship life of Saint Paul's. We have a place for you!
September is a great time to join any of our choirs as we have just moved into the new season.

Preschool Music Group (for ages 3-4): meets from 5:10-5:30 on Wednesday afternoons in the Children's Music Room, #200. This group is a developmentally appropriate music program for children ages 3-4 which incorporates singing, playing instruments, and movement, setting the foundation for building our future worship leaders.
(Contact Gaye Herndon :gaye@saintpaulsumc.org)

Kids@Art (Children's Worship Arts Program for Grades K-5): Our children's worship arts-based program is meeting on Wednesdays, 6:00-7:00 p.m., immediately following Wednesday Night Dinners. All children, grades K-5, are invited to join us for Children's Choir, instrument playing, drama, sacred dance and movement, visual arts, and more. We are preparing to lead our congregation in worship for the 11:00 a.m. service on September 28.

(Contact Stephany Nystrand: stephanymusictherapy@yahoo.com)

Youth Choir: We invite all youth in Grades 6-12 to join us! Rehearsals are on Wednesday evenings, 7:00-7:45, in the Music Room (200) of the Children's Wing.
(Contact Gaye Herndon: gaye@saintpaulsumc.org)

Saint Paul's Dancers: is a group of older elementary and youth with dance experience who meet seasonally to prepare for leading worship. (Contact Stephany Nystrand: stephanymusictherapy@yahoo.com)

Covenant Chancel Choir: sings for the 11:00 a.m. (and occasionally 8:30 a.m.) services. This choir also presents and leads special seasonal services. We rehearse on Tuesdays from 6:15-7:15 p.m. and warm-up on Sunday mornings at 10:35.

A nursery/childcare is provided. If members want to sit with their families during worship, they leave the choir loft after the anthem. (Contact Cynthia Prescott, Adult Choirs Director: prescottc1360@gmail.com)

Se'lah: is an ensemble of adults who love to praise God through song but can't commit to singing in worship every Sunday. This group rehearses Tuesday evenings, 7:30-8:30, in the choir room. They perform a variety of music and sing in a variety of places. This group sings once a month in worship and occasionally with the Covenant Chancel Choir for special occasions. (Contact Cynthia Prescott: prescottc1360@gmail.com.)

Handbell Choir: rehearses on Sundays from 5:45-6:45. We play for our morning worship services approximately once a month during the school year, participate in music ministry seasonal offerings, and participate in community handbell events (Ring in the Season and WinterRing) Basic music reading skills are required for participation in this choir. At this time our choir is full, but we always need substitutes.
(Contact Gaye Herndon: gaye@saintpaulsumc.org)

Instrumental and Choral Ensembles: are offered according to the particular gifts and talents of our members. Please let one of our music staff know if you're interested in these types of music ministry.

WEDNESDAY

nights

WEDNESDAY NIGHTS

Our first session of fall classes will begin on Wednesday, September 3rd. We will offer a 4:00pm class AND a 6:00pm class. You can sign up thru Weekly Notes.

Fall classes– Session 1:

4:00– End of Life– Practical Planning

6:00– Speaker Series– “Hope for the World”

WEDNESDAY NIGHT DINNERS

Dinner begins at 5:15. Adults eat for \$8 and kids 10 and under are \$4. Reservations are required and need to be in each week by Mondays at noon.

Sept 3

Ham & scallop potatoes; kids– grilled ham & cheese

Sept 10

Bacon, tomato, & cheese cornbread sandwich; kids– pizza

Sept 17

Pulled Pork (Youth cooking)

Sept 24

Chicken Divan Casserole; kids– chicken tenders

YOUTH

rooted

GREETINGS!

Fall is here, and our youth ministry at Saint Paul’s UMC is ready for an exciting season! We’re keeping the fun and fellowship going with Sunday night youth, Wednesday night gatherings, and our Third Wednesday Dinners where we’ll get to serve and connect with our church family. Each week is a chance for our youth to grow in faith, build friendships, and live out God’s love in real ways.

We’re also planning a Fall Retreat where we can take a break, recharge, and make some great memories together. Thank you for cheering us on and supporting the youth of Saint Paul’s. Your encouragement makes all the difference as we continue to grow and serve together





FAMILY *events*

CHILDREN'S MINISTRY HAPPENINGS

Children's SS is back to its usual meeting time and place! Kids in kindergarten thru 5th grade can join us on Sunday mornings from 9:45-10:45 down in the Foundation (drop off for SS is up at the Nursery entrance; use the door in the drive thru).

Kids@Art has resumed and they are off to a great start! We will spend this month preparing for Children's Sunday. Make sure to mark your calendars for Sunday, September 28th as our children will be helping to lead worship.

It may not feel like fall yet, but we are already planning for it! Don't miss our annual Trunk or Treat on Sunday, October 26th. This is a huge community event and we look forward to welcoming loads of kids to our parking lot. Be thinking about your trunk decorations!






1700 North Meridian Road
Tallahassee, Florida 32303
850-385-5146
www.saintpaulsumc.org

SUNDAYS AT SAINT PAUL'S

8:30am Worship
9:45am Sunday School for all ages
11:00am Worship
6:00pm Contemporary Service

CHURCH OFFICE HOURS

Monday - Thursday 9:00am - 4:00pm
Friday - Closed

Find us on  at SaintPaulsUnitedMethodistChurch

RETURN SERVICE REQUESTED

OUR STAFF AND EMAILS

Senior Pastor

Rev. Carolyn Williamson
carolyn@saintpaulsumc.org

Associate Pastor

Rev. MaryAnn Piccioni
maryann@saintpaulsumc.org

Church Administrator

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Amy Leach
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Director of Operations & Administration - Joyful Beginnings

Melissa Edelstein

Church Treasurer

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Director of Music & Worship Arts

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Adult Choirs Director

Cynthia Prescott
prescott1360@gmail.com

Kids@Art Choir Director

Stephany Nystrand
stephanymusictherapy@yahoo.com

Sexton

Jonathan Leach
jonathan@saintpaulsumc.org

Website Administrator

WPTallahassee

Video Coordinator

Jay Wirth

OUR BISHOP

Rev. Tom Berlin

OUR DISTRICT SUPERINTENDENT

Rev. Catherine Fluck-Price

OUR MISSIONARIES

Delbert & Sandy Groves,
Zambia