# Order of Worship: Sunday, May 30, 2021 Join us on <u>Facebook</u> or <u>YouTube</u> Get all the Saint Paul's news in our <u>Weekly Notes</u> Want to go deeper? Check out the <u>GROW materials</u> for this week!

Prelude and Lighting of Candles	Prelude in C (J.S. Bach/adapted by J. Crug)
	Handbell Trio: Freddie Schrader, Liane Giroux, Gaye Herndon

### Welcome

# **Opening Prayer**

Lord, we gather to worship with lives that are filled with activity and movement. Help us to let go of the hectic times and the stresses and find our rest in you. Relax our spirits and refresh our souls. Remind us that there will always be things to do and places to go, but that we need the rest of spirit that you provide. AMEN.

Opening Hymn

*Come, Christians, Join to Sing* (UMH 158)

### **Daily Psalm**

Psalm 23

The LORD is my shepherd, I shall not want.	
He makes me lie down in green pastures;	
he leads me beside still waters; he restores my soul.	
He leads me in right paths for his name's sake.	
Even though I walk through the darkest valley,	
I fear no evil; for you are with me;	
your rod and your staff - they comfort me.	
You prepare a table before me in the presence of my enemies;	
you anoint my head with oil; my cup overflows.	
Surely goodness and mercy shall follow me all the days of my life,	
and I shall dwell in the house of the LORD my whole life long.	

Gloria Patri

Prayer/Lord's Prayer

Anthem	A Miracle on the Sea (L.S. Shaw/B.S. Slagle) Mini SPARKS Group
Scripture	Matthew 11:28-30
Sermon	Healing Practices: Rest
Closing Hymn	Near to the Heart of God (UMH 472)

# **Closing Prayer**

Grant us grace, O God, to rest - to turn over to you our burdens. To release to you our fears and walk lightly into the week. So that we might be your heart of peace; your hands of grace; your feet of unhurried ministry to those who need a reminder of your deep love. Amen.

# Postlude

Postlude on 'Nicaea' (R. Hebble)