

Compassionate Action

Rev. Dr. Kandace Brooks

The mission of Saint Paul's United Methodist Church is to be a faithful community of disciples who serve as the heart, hands and feet of Christ so that all people come to know the love of God.

9:30 a.m. ORDER OF WORSHIP

Please see our ushers for large print hymnals and bulletins. We, also, have hearing loops for hearing aids with t-coil technology.

Prelude Sing Praise! R. Hughes

Welcome and Announcements

Rev. Dr. Kandace Brooks

Reception of New Members

Choral Call to Worship Ancient Words Lynn DeShazo, arr. C. Courtney ... We have come with open hearts, O let the ancient words impart.

Opening Prayer

O God, make the door of this house wide enough to receive all who need human love and fellowship, narrow enough to shut out envy, pride, and strife.

Make its threshold smooth enough to be no stumbling block to children, nor to straying feet, but rugged and strong enough to turn back evil's power.

God, make the door of this house the gateway to Your eternal kingdom. Amen

- * Opening Songs Back to the Church in the Wildwood arr. M. McDonald Leaning on the Everlasting Arms - Sweet By and By -Shall We Gather at the River - The Church in the Wildwood
- * Affirmation of Faith The Apostles' Creed UMH 881
- * Song of Preparation You Are Known J.M. Martin, arr. Heather Sorenson For all who feel they have no place, for those who long for love's embrace, for all who've turned away from grace, you are known by Jesus.
- * Gloria Patri

Pastoral Prayer and Lord's Prayer

Children's Chat/Noisy Offering

Scripture John 11:1-7; 17-32 New Testament pg. 104

ResponseJesus

C. Tomlin, E. Cash
arr. Richard Kingsmore

Sermon The Essential Teachings of Jesus: Compassionate Action

Rev. Dr. Kandace Brooks

Offering The Sower Glenn Eernisse

* Doxology

* Closing Hymn Love Divine, All Loves Excelling UMH 384

* Benediction

* Benediction Response Joyful, Joyful, We Adore Thee (vs. 3) UMH 89

Postlude Postlude on Beecher J. Raney

Sermon Notes

Compassionate Action: Some ideas for the week ahead

- Offer your full attention to someone
- Express sincere gratitude to a friend
- Take a photo of something beautiful, and text it to someone in your life
- Detach from technology for one hour and look for opportunities to be helpful
- Arm yourself with a \$5 bill in your pocket use it to brighten someone's day: a cup of coffee, a fresh flower, a small gift
- Offer someone the benefit of the doubt; assume the best intentions from everyone
- · Bring back snail mail and send a letter of encouragement
- · Greet a stranger with a smile and kind word
- Practice compassionate listening
- Practice self-compassion and tend to your OWN suffering
- Have compassion for our planet
- Compliment a colleague or loved one
- Set an intention to treat everyone with kindness today
- Meet your neighbors!
- Drive with patience (and reduce road rage)

JOINING SAINT PAUL'S TODAY

Helen Ervin
Stacey Getman
Wesley Getman
Mary Lou McIntosh
James Morris
Teresa Morris
Amelia Paulk

Adam Rokitowski Kaden Rokitowski Carol Stern Nancy Turner Sylvia Walford Debbie Weldon

Ted Rokitowski

FLOWERS ON THE ALTAR

The flowers on the altar are given to the glory of God and in memory of Horace and Betty Caton from the Ed Wynn Sunday School Class.

Around Saint Paul's

MUSIC AT SAINT PAUL'S

Toddler and Preschool Music Groups meet Wednesday afternoons, 5:30-5:55. We encourage all 3-4 year olds to join Mrs. Gaye in room 325. Under-three year olds with their care-givers join Mrs. Stephany in room 326.

SPARKS Choir meets Wednesday afternoons in conjunction with our SPARKS after-school program. All children in grades K-5 are invited to join us.

Youth Choir meets this afternoon from 4:30 - 5:15 in the choir room. We encourage all 6th-12th Graders to join us! We'll sing for worship on October 20.

Handbell Choir meets this evening at 6:00 in the sanctuary. Ringers are welcome to come at 5:45 to practice their weaving technique.

Covenant Chancel Choir meets Tuesdays from 6:15 - 7:15 p.m. in the Choir Room. This choir sings at the 11:00 worship service weekly and occasionally at the 8:30 service. We, also, perform Christmas and Easter cantatas. We would love for you to try us out. Email Cynthia Prescott at prescottc1360@gmail.com to learn more.

Se'lah If you want to sing but don't feel you can commit to singing weekly in worship, Se'lah is for you! We rehearse Tuesdays, 7:30 - 8:30 p.m. in the Choir Room. This group sings once a month in the worship services and gives an annual concert. Email Cynthia Prescott at prescott:1360@gmail.com for details.

THE UNIVERSAL CHRIST BY RICHARD ROHR - Our next Wednesday night class will be a discussion of Richard Rohr's book, *The Universal Christ*. The discussion will begin Wednesday, October 2, at 6:15 p.m. in the Chapel and will continue through November 20. A copy of the book may be purchased in either hard copy or Kindle version on amazon.com. Please feel free to join us for any or all of these discussions. We will utilize a mixture of discussion and contemplative practices related to the book material that are suggested by Richard Rohr.

GRIEFSHARE - Saint Paul's GriefShare class will meet Wednesdays, October 2 through December 18, 6:30 - 8:30 p.m. in room 302. Cost is \$15.00. This program features biblical, Christ-centered teaching focused on grief topics associated with the death of a loved one. Your bereavement experience may be recent or not so recent. You will find encouragement, comfort, and help in grieving the death of a loved one or friend. No matter what the cause of your loved one's death, this is an opportunity to be around people who understand what you are feeling. You will learn how to recognize the symptoms of being stuck in grief and that you do not need to live in bondage to certain emotions. You will learn valuable information about facing your new normal in life and renewing your hope for the future. The class will be lead by Andra Cornelius. To register call the church office, 385-5146.

PMO ~ SAINT PAUL'S PARENTS MORNING OUT - Parent's Morning Out is our weekday ministry to parents of little ones. The program includes free play, a weekly music class, crafts, playground time, and snacks. Our hours are 9:00 a.m. — 12:00 p.m., and we follow the traditional school calendar. We are very excited about moving into our new space this month. We will begin to expand our ministry once that happens and are looking forward to new friends joining us. If you know someone with a one year old through four year old, we have spaces for them Mondays, Wednesdays, and/or Fridays. For more information, please go to Children's Ministries on our website. SPOTS AVAILABLE NOW.

Around Saint Paul's

WONDERFUL WEDNESDAYS

Dinner in Sanders Hall - 5:15 - 6:15 p.m. Reservations due by midnight Monday by calling 385-5146 or online at saintpaulsumc.org. \$7 adults, \$3 ages 4 - 12. October 2: Cheese Ravioli Lasagna

- ANNUAL CAMPING TRIP October 11-13 Plan now to join our camping fellowship at East Bank Campground. The sites have been reserved. Come join in the fun. Go to Fun & Fellowship Ministries on our website for details and to sign up. Spots will fill quickly. For more information, contact Mayra Joiner, 363-6425, or Jill Merryday, 385-5146.
- NEW COUPLES BIBLE STUDY Wednesdays at 6:30 p.m. beginning October 16. I Said This You Heard That: How Your Wiring Colors Your Communication by Kathleen Edelman and led by Mike and Malena Allison. Please sign up on the website. If you've ever said the wrong thing (or said the right thing the wrong way) you know how quickly your mouth can make a big mess. But it doesn't have to be that way. This 6-session video study explores how your wiring affects what you say, how you listen, and how others hear you. And you'll see how advice from the apostle Paul thousands of years ago may have held the secret all along. Please sign up on the web site. There will be childcare.
- THIRD THURSDAY LUNCH & LEARN Thursday, October 17, at 11:30 in Sanders Hall. Our speaker will be John Gladden, College Director of Fellowship of Christian Athletes. John also organized a ministry for Tallahassee coaches and an Endurance Ministry for athletes. Call the office to RSVP by Tuesday, October 15. Lunch is \$7.00 at the door.
- TRUNK OR TREAT! We need your trunks and treats for our 16th Annual Trunk or Treat event, Sunday, October 27, 5:00 p.m. Please sign up online under UPCOMING EVENTS or contact [ill Merryday! Thank you so much!
- FUN FACT: If just one person from each Sunday School class or other group (such as UMW or choir) became a mentor at Kate Sullivan Elementary, more than twelve struggling students would see grades and social skills improve! Contact Meg Guyton at KSESmentors@comcast.net or 443-4175 to learn more.

This Week at Saint Paul's

Sunday, September 29 4:30 pm Youth Choir/CR 5:15 pm Rooted Youth/SH 6:00 pm Handbells/S Monday, September 30

8:00 am Classical Conversations/All Rms

9:00 am Youth Fun Day/Offsite

Tuesday, October I

10:30am Creation Care T-shirt bags/309 **6:15 pm** Covenant Chancel Choir/CR

7:30 pm Se'lah Choir/CR

Wednesday, October 2 8:00 am Prayer Group/C 10:00am UMW Board Meeting/L

3:00 pm SPARKS/301/310/CR

Wednesday, October 2 cont.

3:15 pm Midtown Classical/210/211 **5:15 pm** Wednesday Night Dinner/SH **5:30 pm** Preschool Music/325/326 6:15 pm The Universal Christ/C

6:30 pm GriefShare/302

Thursday, October 3

9:15 am MOPS Leadership/300/Nursery 10:30am Tall. Green Faith Alliance/P/C

Friday, October 4 **Church Office Closed**

9:00 am Alzheimer's Respite/P/C 9:00 am Caring & Sharing/SHK 6:00 pm Midtown Classical/210-211



As a Spirit-formed living expression of the kingdom of God, the vision of Saint Paul's United Methodist Church is to glorify God wholeheartedly, grow the community of the faithful, nurture the faithfulness of that community, alleviate suffering wherever it is found and advocate for social justice.

WELCOME, GUESTS!

We are glad you have chosen to worship with us today. Nurseries for ages infant to five years are located in the lower level of the sanctuary building. One of our friendly ushers can give directions to restrooms.

AIDS FOR THE VISUALLY AND HEARING IMPAIRED

Are available from our ushers. Kindly return the large-print hymnal at the end of worship. We, also, have hearing loops for hearing aids with t-coil technology.

NAME TAGS

Name tags help us get to know one another better. They are located in the narthexes. If you need a name tag, please indicate so on the attendance pad so we can make one for you. Please wear your name tag each week during worship.

SUNDAY SCHOOL

A wide variety of adult Sunday School classes and age-appropriate classes for children and youth are offered at 9:45. For details, visit the welcome table in Sanders Hall or call our office.

INTERESTED IN JOINING SAINT PAUL'S?

If you are interested in becoming a member of Saint Paul's, please indicate so on the attendance pad. We will set a date for you to be received with joy!

Financial Snapshot

Expenses to date: \$648,632.00

Income to date: \$611,604.00

Average weekly expenses (2018): \$18,269.00

Actual	Sept. I	Sept. 8	Sept. 15	Sept. 22	Sept. 29
Income:	\$23,281.00	\$13,604.00	\$11,785.00	\$13,472.00	

September 22 attendance: 8:30 - 86 | 11:00 - 193 | Sunday School - 145

We encourage you to give on-line - No wallet required! It's fast, safe, and secure. Use your phone's camera and hover over the image to go directly to the webpage for online giving.



Saint Paul's Staff

Rev. Dr. Kandace Brooks, Senior Pastor Rev. Becky Rokitowski, Associate Pastor Cynthia Prescott, Adult Choirs Gaye Herndon, Music Performance Associate

Jill Merryday, Director of Children's Ministries Peggy Benton, Ministry Coordinator Kambea Chan, Children's Ministry Assistant Laurie Batten, Church Administrator Linda Fletcher, Publishing Specialist Raymond Pandley, II, Youth Ministry Assistant Simon Webb, Lead Sexton Odis Williams, Assistant Sexton Betsy Gingery, Kitchen Coordinator Bridget Weisbrod, Nursery Coordinator